**Pseudo Code:**

1. Display “1. Kilograms to Grams” on Screen
2. Display “2. Grams to Kilograms” on Screen
3. Display “Enter a number” on Screen
4. Take input from user and name it number
5. Display “Enter choice” on screen
6. Take input from user and name it choice
7. If choice is 1 then
8. Answer = 1000\*number
9. Else if choice is 2 then
10. Answer = number/1000
11. Display answer